

# **Rollins-Teer Day**

**COMMUNITY GUIDE** 





We are so excited to have you join us for the Rollins-teer Day of service. Please see below for a description and requirements for all Rollins-teer sites. You will be able to register for your Rollins-teer site when you register for New Student Orientation. Accessible and more COVID- conscious sites are also noted on this guide.

# 1. Atlanta Community Food Bank: Hunger Action Center (Accessible)

**Background:** We are the central hub in the fight against hunger in Atlanta and north Georgia. Our primary function is collecting and distributing donated food and goods and managing all of the logistics and partner relationships that go with it. We also offer some social services directly to those in need. We even have some supplemental food pantries and mobile markets of our own to get food to underserved areas our partner agencies can't reach.

**Service Activity:** Did you know 1 in 8 Georgians are facing hunger today? Let's do something about it! Forget the gym - time to work out for the cause. Join the fight to end hunger with a high-energy session of activities at our brand-new Atlanta warehouse. As a Hunger Action Center volunteer, you may assist with a myriad of tasks including sorting and packing recently donated food, repackaging produce or grains for families, or boxing non-perishable items for seniors across Atlanta. There are a number of projects that happen in our Hunger Action Center that all guarantee an amazing day of volunteering! We will train you on your day of service for the project of the day. Rest assured that the music is loud, the packing is fast-paced and the personal reward of making a difference can't be replaced.

**Notes:** Masks are optional and available for those that would prefer one. Closed-toe and closed-heel shoes are <u>required</u>, with sneakers or work boots recommended. Flip flops, sandals or heeled shoes are not allowed. Please wear comfortable clothing which you do not mind getting a bit rumpled. Cans of nonperishable foods are also welcome to help stock our inventory.

**Waiver:** If you are interested in this site, please select it on the New Student Orientation registration form <u>AND</u> fill out this waiver- <a href="http://vhub.at/RollinsteerDay2022">http://vhub.at/RollinsteerDay2022</a>

# 2. Books for Africa (Accessible)

**Background:** A simple name for an organization with a simple mission: to end the book famine in Africa. We collect, sort, ship, and distribute books to African students of all ages. With your help, we will help create a culture of literacy and provide the tools of empowerment to the next generation of parents, teachers, and leaders in Africa. Since 1988, we've been sending books to all countries in Africa. We depend on volunteers to help us sort and pack over 3 million books per year.

Service Activity: Our volunteers will help us to sort and pack books for shipment all over Africa.

Notes: closed-toe shoes are required





# 3. Clyde Shepherd Nature Preserve

**Background:** Clyde Shepherd Nature Preserve is an all-volunteer, private nature preserve in the floodplain of South Peachtree Creek. The Preserve is open to the public, free of charge, every day of the year from dawn to dusk. The Preserve is home to over 100 species of birds, as well as native mammals, amphibians, reptiles, and plants.

**Service Activity:** Volunteers will be working on trail maintenance and invasive species removal.

**Notes:** Volunteers should bring water, wear long pants and closed toe shoes.

# 4. Community Farmers Market of Atlanta: East Atlanta Village

**Background:** The mission of Community Farmers Markets is to develop a local food infrastructure for long term sustainability and meaningful community impact. Our purpose is to preserve, root, and grow a diverse local food culture by maintaining an authentic space for all people to share community, fair food, and healthy lifestyles while providing a sustainable living for producers who steward the earth. The East Atlanta Village Farmers Market is one of Atlanta's oldest farmers markets. Providing local and seasonal produce since 2006, the EAV Farmers Market has been a long-time champion of the food movement in Atlanta.

**Service Activity:** Each year we host Rollinsteer volunteers to help beautify our East Atlanta Village Learning Garden. Projects include planting, weeding, watering, painting picnic tables, etc. We will also be picking up any trash or debris on the lot space.

**Notes:** Plastic gloves, sanitizer and trash bags will be provided. If you have any yard gloves, that would be a good idea to bring.

#### 5. Concrete Jungle (More COVID conscious)

**Background:** Concrete Jungle harvests almost all of its food from the thousands of fruit and nut trees growing in the Atlanta area – in yards, on the side of the road, next to buildings. Most of these trees are untended and ignored, with their bounty being wasted to wildlife while only miles away many poor and homeless struggle to include any fresh produce in their diet. With your generosity, we pick these fruits, nuts, and vegetables throughout metro Atlanta and the surrounding areas and donate as much of the harvest as possible to organizations serving Atlanta's poor and hungry. We also grow vegetables to donate on our small urban farm in Southwest Atlanta, Doghead Farm. Our farm allows us to host volunteer events and make donations year round.

**Service Activity:** You will be participating in a Farm Volunteer Day on Concrete Jungle's urban farm, Doghead Farm, located in Southwest Atlanta. Tasks will range from harvesting, seeding, turning beds, weeding, spreading mulch, composting, etc. Volunteers will work together to help us grow and harvest food that is then used to resolve issues of food waste and food insecurity in the Atlanta area.

**Notes:**Make sure to bring water and put on sunscreen and bug spray. We will have extra sunscreen and bug spray at the farm. Wear clothes that you don't mind getting dirty. They must be wearing close toed shoes. And would recommend bringing a hat in case of the heat.

**COVID Notes**: In accordance with public health guidelines:

- a. Masks are optional at outdoor events. However, we strongly encourage the use of masks when it may be difficult to socially distance from other volunteers during a pick or harvest event.
- b. Individuals who are older than 65 or have a chronic health condition should not volunteer unless fully vaccinated.
- Individuals who are sick or live with someone who is should not volunteer.





## 6. <u>Dunwoody Nature Preserve</u>

**Background:** The Dunwoody Nature Center is a nonprofit celebrating its 30 year anniversary preserving an Old Growth Forest in metro Atlanta and educating all ages about the environment and sustainability.

**Service Activity:** We will be doing outdoor environmental maintenance. This can include weeding, mulching, trail maintenance, invasive species removal, etc.

**Notes:** Please dress for any weather and to be outdoors! Prepare to be warm/cold and muddy. Bring your own water bottle.

**Waiver:** If you are interested in this site, please select it on the New Student Orientation form <u>AND</u> fill out this waiver: <a href="https://dunwoodynature.org/volunteer-waiver/">https://dunwoodynature.org/volunteer-waiver/</a>

## 7. EcoAddendum

**Background:** The natural environment of the southeastern US is one of the richest natural areas in the world. We lead fascinating naturalist walks year-round to discover all aspects of nature. We guarantee you'll learn something new.

**Service Activity:** Rollins-Teers will help remove invasive plants in a local park. The participants will use their hands along with small hand tools to remove ivy and other invasive plants in order to help improve the overall health of the greenspace.

**Notes:** Wear active clothes and close-toe shoes. If you are sick, we ask that you please stay home and join us in the future.

## 8. Emory Educational Garden Project

**Background:** The Emory Educational Garden Project is an initiative of the Office of Sustainability Initiatives. The primary purpose of the program is to educate students and faculty about growing food and the health-related and aesthetic benefits of gardens in community spaces. There are eight gardens on Emory's Atlanta Campus and one at the Oxford Campus. A team of volunteers maintains each garden, and the majority of what is grown is enjoyed by the volunteers as well.

**Service Activity**: It is going to be a tour of all of the campus educational gardens with some garden work mixed in.

**Notes:** Active clothes and shoes. The tour will take us on about a 1.5 mile walk and not all of it is wheelchair accessible or fit for those with mobility issues.





# 9. Food Well Alliance

**Background:** Food Well Alliance's mission is to provide resources and support to local growers, to connect and build healthier communities. Our support takes the form of grants from community gardens and farms around metro Atlanta, as well as educational programming, technical resources, soil and compost support and volunteer workdays. Our volunteer program allows interested volunteers to learn more about community gardens while providing hands-on assistance.

**Service Activity:** Support for a community garden- work generally includes weeding, spreading woodchips, invasive species removal, and garden beautification. All tools/gloves/supplies are included and no experience required!

**Notes:** Close-toed shoes, clothes you don't mind getting dirty, filled water bottle, hat. Masks are optional unless requested by the garden we support.

**Waiver:** If you are interested in this site, please select it on the New Student Orientation registration form <u>AND</u> fill out this waiver: <a href="https://x.gldn.io/7YQLCsQvjrb">https://x.gldn.io/7YQLCsQvjrb</a>

# 10. Friends of Disabled Adults and Children (FODAC) (Accessible)

**Background:** FODAC's mission is to provide durable medical equipment (DME) such as wheelchairs and hospital beds at little or no cost to individuals with disabilities and their families. We seek to enhance the quality of life for people of all ages who have any type of illness or physical disability. FODAC provides over \$9 million each year in equipment and services to the community at little or no cost to the recipients. We provide home health (mobility and daily living) equipment to people of any age or with any disability, temporary or permanent, for medically necessary and medically helpful reasons. We strive to further assist individuals who have specific social or community interests that require mobility for traveling long distances. Examples include recreation, school, church, shopping, or doctor's appointments.

**Service Activity:** processing medical equipment, organizing our warehouse, pulling batteries out of our electric wheelchairs, thrift store support

Notes: Please dress for active work with close toed shoes and bring water bottle.





# 11. Friends of Refugees: Jolly Avenue Garden

**Background:** The Jolly Avenue Garden (JAG) is an initiative of Friends of Refugees, a non-profit serving the refugee community in Clarkston, GA through opportunities for well-being, education, and employment. The mission of the garden is to provide land to grow food, space to promote well-being, and opportunities for holistic education to help refugee adults and children cultivate a healthy and vibrant community. Through the Jolly Avenue Garden's youth vocational program, community garden, and educational initiatives, we envision a healthy, connected, and empowered community.

**Service Activity:** We invite volunteers to help us maintain the garden space for our 60 + growers and their families through watering, weeding, spreading mulch, tool shed organization, etc. We will give volunteers opportunities to plant flowers and vegetable seeds and harvest produce in our donation garden plots. All produce will be given directly to community members or brought to a donation center. We will provide a tour of the garden at the mid-point.

**Notes:** Please wear appropriate clothing. Clothes are likely to get dirty. Close-toed shoes are a must. We will have some sunscreen, bug spray, and tap water on hand but feel free to bring your own.

#### 12. Friends of Tucker Nature Preserve

**Background:** Tucker Nature Preserve was purchased by DeKalb County in 2002 but sat undeveloped until 2011, when the "Friends of Tucker Nature Preserve" was formed through collaboration between Park Pride and DeKalb County. Since then, with the help of many volunteers and community groups, the Preserve has transformed from a closed, undeveloped lot into a beautiful, popular family-friendly Tucker destination. It is a ten-acre green space located in downtown Tucker, Georgia, across the street from the Tucker Walmart. The park contains a group picnic area, a half-mile walking loop, and a new bee habitat.

**Service Activity:** Volunteers would perform trail maintenance, remove invasive plants, and spread mulch at the nature preserve.

**Notes:** Wear long pants and closed toed shoes.

## 13. Gateway Center (Accessible) (More COVID conscious)

**Background:** Gateway Center works to end homelessness in Metro Atlanta through therapeutic program and community collaboration. Located at 275 Pryor Street in Atlanta, Georgia, the Gateway Center is a keystone project of the Regional Commission on Homelessness' effort to impact chronic homelessness. The Gateway Center is designed to serve as the "gateway" to the community continuum of care that helps individuals move out of homelessness, GWC provides 369 beds for men who enter into programs geared to address the underlying reasons for their homelessness, such as unemployment, addictions, mental illness or domestic abuse. We strive to provide a supportive and IAMCHANGED setting where individuals can receive the tools they need to end their homelessness and achieve self-sufficiency.

**Service Activity**: Volunteers will most likely assist with restocking our clothing closet.

**Notes:** Please dress modestly. No open toe shoes.

**COVID Notes:** Depending where things are at that time, volunteers may be asked to wear a mask.





# 14. Inspiritus (More COVID conscious)

**Background**: Inspiritus provides services to refugees, asylees, and immigrants at any point in their journey to help them become self-sufficient, socially integrated, and culturally acclimated.

**Service Activity:** We are looking for extra hands to help organize our clothing closet and sort out backpacks for our refugee and immigrant families.

Notes: Wear comfortable clothing

**COVID Notes:** Agency policy is to wear masks in group settings

# 15. Kirkwood Neighbors Organization: Clay Cemetery Preservation

**Background**: Clay Cemetery is the oldest (c.1824), intact historic element in our area and Kirkwood Neighbors Organization has been responsible for its recovery, restoration, and ongoing caregiving. The sensitivity of old cemeteries adds great value to your volunteerism as so much that is needed is hands on. <u>Click here</u> to learn more about the history of Clay Cemetery.

**Service Activity:** Volunteer activities will include mulching hardwood trees, hand weeding around gravestones, cleaning selected gravemarkers. The actual mix might vary a bit depending on temperatures (which affects cleaning gravemarkers).

**Notes:** Please wear closed footwear and bring a water bottle. Long pants and long sleeves are optional but many prefer them when working with scratchy plant material. Gloves, tools, and all supplies will be provided. Masks and insect repellent will be available. Please let us know in advance if you have any allergy to insect bites and/or stings.

# 17. MedShare (Accessible)

**Background:** MedShare is a 501c(3) humanitarian aid organization dedicated to improving the quality of life of people, communities and our planet by sourcing and directly delivering surplus medical supplies and equipment to communities in need around the world.

MedShare helps increase health system capacity and drives sustainability by providing biomedical equipment training and service to healthcare organizations and medical professionals serving populations in need.

MedShare's deliveries of vital medical supplies and equipment have decreased our nation's carbon footprint and brought health, healing and the promise of better lives to 100 countries and countless patients.

**Service Activity:** Volunteers improve the quality of life of people and our planet by helping to sort, identify, and package critical medical supplies that will be distributed to these communities in need around the world.

**Notes:** Please do not wear open toe shoes, but wear clothes you would not mind getting dirty.





## 18. Nicholas House Inc

**Background:** Nicholas House is a nonprofit agency that operates an emergency shelter as well as scattered apartment sites for homeless families of any composition.

**Service Activity**: The service activity will include indoor and outdoor beautification.

19. Re:loom (Accessible)

**Background:** re:loom is an employment/job training program for homeless and low income women/men. Donated fabric is hand woven into beautiful product that is sold. Workers receive a full-time salary and health benefits as they learn hard and soft skills to prepare them for entering the marketplace.

**Service Activity:** Volunteers will be sorting and cutting fabric to be prepared for the weavers.

**Notes:** Please do not wear open toe shoes or flip flops.

# 20. Truly Living Well Farm

**Background:** TLW is committed to bringing good food, good health and well-being to Atlanta's urban center. Our goal is to use food production as the plate on which we create a culture of health and wellness in our community. Our programs and activities provide agriculture training, nutrition, education and job creation. By regularly harvesting healthy produce throughout the year, TLW provides our community with a dependable, consistent source of fresh produce, much of which can be earmarked specifically for those who cannot afford to purchase it otherwise. Truly Living Well grows better communities by connecting people with the land through education, training, and demonstration of economic success in natural urban agriculture. We demonstrate sustainable and economically viable solutions for helping people to eat and live better.

Service Activity: Volunteers will most likely be doing work outdoors and in the garden

## 21. West Atlanta Watershed Alliance (More COVID conscious)

**Background:** The West Atlanta Watershed Alliance (WAWA) is a community-based non-profit organization whose mission is to improve the quality of life within the West Atlanta Watershed by protecting, preserving and restoring our community's natural resources. WAWA represents African American neighborhoods in Northwest and Southwest Atlanta that are most inundated with environmental stressors, but are least represented at environmental decision-making tables.

Service Activity: Volunteers will be doing trail, site maintenance and beautification.

**Notes:** Work gloves can be provided, and tools will be provided. Don't forget to bring your re-fillable water bottle and reusable hot cup with beverage (AT WAWA, we are practicing a ZERO WASTE initiative).

**COVID notes:** Social distancing and face mask wearing is mandatory and will be in effect. Also, as a part of our Covid-19 safety protocol, we ask all volunteers to bring and use their own, masks, reusable water bottles, snacks, and hand sanitizer. But if you don't bring your own, no worries, we have some supplies for you for the day.

**Waiver:** If you are interested in this site, please select it on the New Student Orientation form <u>AND</u> fill out this waiver <a href="https://bit.ly/3AYFzfT">https://bit.ly/3AYFzfT</a>





## 22-25. Wylde Center

#### Sites

- Oakhurst Garden & Wylde Woods
- Edgewood Community Learning Garden
- Hawk Hollow Garden
- Sugar Creek Garden and Herb Farm

**Background:** Wylde Center's mission is to educate, cultivate greenspaces, and build community in the areas we serve. The Wylde Center actively engages youth, families, and individuals in their environment, health, and community through organized programs, classes, and events that develop creative skills in sustainable urban living, organic gardening, health and nutrition.

**Service Activity:** Our projects involve outdoor work and may include removing invasive plant species, restoring native landscapes, beautification of urban green spaces, food gardening and plant propagation.

**Notes:** Participants should wear closed-toe shoes and weather-appropriate clothing that can get dirty. Long hair should be tied up, and loose jewelry and heavy perfume should not be worn. Sunscreen and bug spray should be applied before arriving at the garden. Bring gardening gloves if available, otherwise gardening gloves and tools will be provided. Masks are optional outdoors and recommended indoors

**Waiver:** If you are interested in this site, please select it on the New Student Orientation registration form AND fill out this waiver:

https://docs.google.com/forms/d/e/1FAIpQLSfzcEx9YWS3WsdM-mWwj4DzzCO5YyWSvEJFiDtApS2mwkZi1Q/viewform

